Practicing Lament (French Pantoum)	
Stanza 1 Line 1: Who I know God to be right now Line 2: The cause of my lament – why I cry out Line 3: What the situation makes me feel about God Line 4: What I long to see happen in the situation	
Stanza 2 Line 5: repeat line 2 Line 6: new line Line 7: repeat line 4 Line 8: new line	
Stanza 3 Line 9: repeat line 6 Line 10: repeat line 3 Line 11: repeat line 8 Line 12: repeat line 1	
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